
**CITY OF LONG BEACH DEPARTMENT OF HEALTH AND HUMAN SERVICES
ORDER OF THE HEALTH OFFICER**

HEALTH OFFICER ORDER FOR THE CONTROL OF COVID-19

Public Health Emergency Isolation Order

Date Order Issued: **July 28, 2020**

This Order is in effect until rescinded in writing by the Health Officer.

Summary: This updated Isolation Order amends, restates, and supersedes the previous Isolation Order issued by the Long Beach Health Officer from **May 7, 2020**. The changes to this Order are intended to align with Center for Disease Control (CDC) guidance for community-related exposure to COVID-19, which changes the criteria for discontinuing isolation. Changes are highlighted in **yellow**.

California is in a State of Emergency because of the COVID-19 pandemic. The spread of Novel Coronavirus (COVID-19) is a substantial danger to the health of the public within the City of Long Beach. COVID-19 can easily spread between people who are in close contact with one another. Everyone is at risk for becoming ill with COVID-19, but some people are more vulnerable to serious illness, including pneumonia and organ failure, or death, due to their age, physical state, and/or health status. Currently, there is no vaccine available to protect against COVID-19 and no specific treatment for its symptoms.

To help slow COVID-19's spread, protect vulnerable individuals, and prevent the healthcare system in Long Beach from being overwhelmed, it is necessary for the City of Long Beach Health Officer (Health Officer) to require the self-isolation of persons diagnosed with or likely to have COVID-19.

**UNDER THE AUTHORITY OF THE CALIFORNIA HEALTH AND
SAFETY CODE SECTIONS 101040, 101085, 120175, 120215, 120220, AND 120225
THE CITY OF LONG BEACH HEALTH OFFICER ORDERS:**

All individuals who have been diagnosed with or who are likely to have COVID-19 must isolate themselves. These persons are required to follow all instructions in this Order and the Public Health guidance documents referenced in this Order.

Isolation Requirements for Individuals Diagnosed with or Likely to have COVID-19

All individuals who have been diagnosed with or are likely to have COVID-19 must immediately take the following actions:

1. Isolate themselves in a residence until:
 - a. At least 10 days have passed since symptom onset and
 - b. At least 24 hours have passed since resolution of fever without the use of fever-reducing medications and
 - c. Other symptoms have improved.

Persons infected with SARS-CoV-2 who never develop COVID-19 symptoms may discontinue isolation and other precautions 10 days after the date of their first positive RT-PCR test for SARS-CoV-2 RNA.

Until an individual is recovered and at least 10 days has passed since symptoms first appeared, whichever is later, the isolated individual may not leave their place of isolation or enter any other public or private place, except to receive necessary medical care.

2. **Carefully review and closely follow all requirements listed in the "Home Isolation Instructions for People with Coronavirus-2019 (COVID-19) Infection,"** which is available in [English](#) and [Spanish](#).
3. **Tell household contacts, intimate partner(s), their caregiver(s), and other persons who were in close contact with them 48 hours before their symptoms started or while they were symptomatic (collectively "close contacts) that they need to quarantine themselves.**
4. **Refer close contacts to the "Home Quarantine Guidance for Close Contacts to Coronavirus Disease 2019 (COVID-19)" document, which is available in [English](#) and [Spanish](#).** This document describes steps that close contacts must take to prevent spread of COVID-19. Steps described in this document are necessary because close contacts have likely been exposed to COVID-19 and, if infected, can easily spread COVID-19 to others, even if they have only mild symptoms or no symptoms.

Individuals are required to isolate themselves because they have or are likely to have COVID-19. Self-isolation is immediately required if a person meets one or more of the following factors:

- a. A positive lab test for COVID-19;
- b. Signs and symptoms that are consistent with COVID-19 within 14 days of being in close contact with a person who had or was believed to have had COVID-19; OR
- c. A physician has informed the individual that they are likely to have COVID-19.

These persons are required to self-isolate because a person infected with or likely to have COVID-19 can easily spread the virus to others. Isolation separates these ill individuals from others to prevent the spread of COVID-19. This Order protects everyone, including people who are high risk for serious illness, such as older adults and people with weakened immune systems.

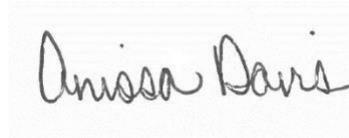
July 28, 2020

Page 3

The Health Officer may take additional action(s) for failure to comply with this Order, which may include civil detention or requiring one to stay at a health facility or other location, to protect the public's health if an individual who is subject to this Order violates or fails to comply with this Order.

Violation of this Order is a misdemeanor punishable by imprisonment, fine or both under California Health and Section Code Section 120275 et seq. Further, pursuant to Section 41601 of the California Government Code, the Health Officer requests that the Chief of Police in the City of Long Beach ensure compliance with and enforcement of this Order. The violation of any provision of this Order constitutes an imminent threat and creates an immediate menace to public health.

IT IS SO ORDERED:



Anissa Davis, MD, DrPH,
Health Officer, City of Long Beach
Date: July 28, 2020

PROMULGATION OF EMERGENCY REGULATIONS

As Director of Civil Defense for the City of Long Beach pursuant to Long Beach Municipal Code ("LBMC") section 2.69.060.A, and in accordance with the provisions of LBMC Chapter 8.120, I am authorized to promulgate regulations for the protection of life and property as affected by the COVID-19 emergency pursuant to Government Code section 8634, and LBMC sections 2.69.070.A and 8.120.020. The following shall be in effect for the duration of the Long Beach Health Officer Order, HEALTH OFFICER ORDER FOR CONTROL OF COVID-19: Public Health Emergency Isolation Order, issued above, which is incorporated in its entirety by reference:

The Long Beach Health Officer Order, HEALTH OFFICER ORDER FOR CONTROL OF COVID-19: Public Health Emergency Isolation Order, shall be promulgated as a regulation for the protection of life and property.

Any person who, after notice, knowingly and willfully violates or refuses or neglects to conform to the above referenced lawfully issued Health Order shall be guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000), by imprisonment for a period not exceeding six (6) months, or by both such fine and imprisonment. (Long Beach Municipal Code sections 8.120.030.A and 8.120.030.E.3.)

IT IS SO ORDERED:



Thomas B. Modica
City Manager, City of Long Beach
Date: July 28, 2020